Romans 8:19-22 discusses the present suffering of the natural world due to the human Fall. Although the natural world is not itself fallen or disobedient to God, Adam’s sin brought the created order into bondage to death, decay, corruption and futility. Yet Paul describes this suffering in the context of great eschatological hope both for believers and the natural world: The suffering of creation is like birth pangs leading to a glorious new world, rather than the death pangs of a dying creation. The redemption that Christ brings will have cosmic consequences: At the second coming of Christ the natural order will be restored to its proper operation, so that it may fulfill the purpose for which it was created.

This passage focuses on two major themes: (1) the present corruption of the subhuman creation as a result of the Fall of Adam, which results in a futile cycle of decay and death; and (2) the eschatological redemption of creation which will deliver it from corruption and transform it into a state of freedom and glory. Paul uses the two-sided metaphor of birth pangs to embrace both of these themes: As a metaphor of intense suffering it symbolizes the present suffering of creation. As a metaphor of productive pain that brings a positive outcome, it points to the eschatological hope of the redemption of creation.

The Meaning of κτίσις

The meaning of κτίσις is one of the most critical interpretive issues in Rom. 8:19-22. κτίσις has a broad semantic range in the NT, ranging from “the sum total of everything created,” to individual created things–either human or animal–along with several other specialized usages. At a first glance, the reference to “all creation” (πᾶσα ἡ κτίσις) in v. 22 appears to


3Κτίσις can mean (1) “the sum total of everything created” (BDAG; “κτίσις”; Mk. 10:6; 13:19; Col. 1:15, 23 (probably); Heb. 9:11; 2 Pet. 3:4; Rev. 3:14, possibly the verbal meaning); (2) an individual creature or created thing, either (2a) humans and animals (Rom. 1:25, cf. v. 23), or (2b) any type of created thing (Rom. 8:39; Heb. 4:13); (3) humankind in a collective sense (Mk. 16:15; possibly Col. 1:23); (4) human creatures transformed by God through the new birth, which is like a second creation (2 Cor. 5:17; Gal 6:15); (5) a verbal sense to refer to “the act of creation” (Rom. 1:20; Gal. 6:15, the new creation of God in transforming a believer); (6) an authoritative institution or government created by people (1 Pet. 2:13).

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suggest that Paul has the entire created order in mind. For example, Joseph Nelson says, “Paul’s reference in Romans 8:19 is probably the widest possible, without intention to exclude any category.” The phrase “all creation,” however, is not decisive. In both the LXX and the NT, πᾶσα ἡ κτίσις can be less than comprehensive, when a particular class of creature is in focus in the context. The aspect of creation in view in Rom. 8:19-22 can be determined by eliminating those aspects of the created order that are incompatible with the context.

Angels are excluded from the meaning of κτίσις in this passage since good angels have not been subjected to futility or corruption (vv. 20-21), either due to human sin or their own actions. Demons are excluded since they will not be redeemed (v. 21) and they do not long for the revealing of the sons of God (v. 19). Heaven is excluded since it has not been subjected to futility or decay (vv. 20-21).

Unbelievers are excluded from the meaning of κτίσις in this passage because they do not eagerly await the revealing of the children of God (v. 19). In addition, if unbelievers are included, this would imply that one day all people will be delivered from the consequences of sin (v. 21).

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4Joseph Lee Nelson, Jr., “The Groaning of Creation: An Exegetical Study of Romans 8:18-27” (ThD Dissertation, Union Theological Seminary of Virginia, 1969), 192, 253; cf. John G. Gibbs, “Pauline Cosmic Christology and Ecological Crisis,” *JBL* 90 (1971): 471. Most commentators, however, find it difficult to consistently maintain the universal view and thus tend to drift toward the cosmic view. Nelson, for example, contradicts his generally universal position when he comments on v. 20, “because of the presence of the expression οὐχ ἐκοίνωσα the creation in this reference should probably be limited to the non-human order” (p. 195). Similarly Gibbs says “ἡ κτίσις undoubtedly refers to the whole creation,” yet later he distinguishes “creation” from humanity: “There is a solidarity between man and creation, so that the creation suffers under the pain of man’s Fall” (pp. 471-472).

5In both the LXX and the NT, the expression “all creation” (πᾶσα ἡ κτίσις) sometimes refers only to a part of the creation of a certain class. It indicates comprehensiveness within the scope of the creation that is in focus in context. In Tob. 8:5, πᾶσα ἡ κτίσις is distinguished from heaven and perhaps is a reference to created beings in general. It can be limited to animals (Tob. 8:15; Wis. 19:6 (δύνη ἡ κτίσις); Sir. 43:25) or humankind (Mk. 16:15; Col. 1:23; Sir. 49:16, ὑπὲρ πάν τὸν ζων ἐν τῇ κτίσις).

6The subjection of demons to the consequences of sin was the result of their own disobedience, so it was hardly “not according to their own will” (v. 20).


8Hommel argues for unbelievers on the basis of the similarity between Rom. 1:21 and Rom. 8:20 (Hildebrecht Hommel, “Das Harren der Kreatur,” in *Schöpfer und Erhalter. Studien zum Problem Christentum und Antike*, ed. Hildebrecht Hommel (Lettner: Berlin, 1956), 19). He notes that in Rom. 1:21 the Gentiles “became futile” in their thinking because of their refusal to honor God, using a verb (ματαιόω) that is cognate with ματαιότης (“futility”) in Rom. 8:20. In Rom. 1:21, however, κτίσις is not used, so the verse does not clarify the use of this word.

9The NT use of κόσμος would fit this view better than κτίσις, since it is often used in the NT to refer to the world of unbelievers. Ernst Käsemann, *Commentary on Romans*, trans. Geoffrey W. Bromiley (Grand Rapids, Mi.: Eerdmans, 1980), 232; C. E. B. Cranfield, *A Critical and Exegetical Commentary on the Epistle to the Romans*, International Critical Commentary (Edinburgh: T. and T. Clark, 1975), 411. Nelson, *Groaning*, 149-51, has an
Some argue that Paul is referring to Christians, since the previous section discusses the suffering and glory of Christians (vv. 17-18). Although Paul sometimes uses κτίσις to refer to believers, in this passage he distinguishes believers from κτίσις. Verse 23 contrasts believers with κτίσις as described in v. 22: The phrase “not only so, but we ourselves also” (οὐ μόνον δὲ, ἀλλὰ καὶ ἀυτῶ) shows that believers groan (v. 23) in a way similar to the rest of creation (v. 22). The creation eagerly awaits the revealing of the sons of God (v. 19) and will benefit from the eschatological glory of believers (v. 21).

Thus, since angels, demons, humanity and heaven are excluded from κτίσις by the context in Romans 8, what remains is the subhuman material creation, or roughly the equivalent of the modern term “nature.” The LXX uses κτίσις in this sense both collectively of nature as a

illuminating discussion of the similarities and differences of κόσμος and κτίσις. “Whereas κόσμος participates in the sin and is characterized by it, and thus in its estrangement from God can only be transitory, the κτίσις is said by Paul to be under a subjection for which it is not responsible; to which it submitted in hope; and from which it expects to be delivered” (Ibid., 151).


11 Twice Paul refers to redeemed humans as a new creation: 2 Cor. 5:17 and Gal. 6:15. Col. 1:23 may refer to humankind collectively, although it is more likely a reference to the material world in which humanity dwells. Although on the surface, in Heb. 4:13 κτίσις appears to refer to people, it actually applies to humanity the general principle that God holds all of his creatures accountable.

12 Cranfield, Romans, 411; Murray, 302.

whole (Wis. 2:6; 5:17; 16:24; 19:6) and of individual creatures in the natural world (Tob. 8:15; Sir. 43:25; Jdt 16:14?). In some passages in the LXX, “all creation” can refer exclusively to nature (Wis. 19:6; Tob. 8:15; cf. 1 En. 18:1).

The personification of the natural world in Rom. 8:19-22 is similar to the frequent personification of nature in the OT and Jewish apocalyptic literature. Various aspects of nature are frequently described with emotions, intellect and will. The earth and other parts of nature have sorrow or pain due to human sin. They rejoice at human righteousness, the display of God’s glory, the vindication of God, and the presence of the righteous in the messianic kingdom. The OT also refers to the suffering of the natural world due to human sin and the transformation of nature in a future golden age of righteousness. Even though the descriptions of nature are

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14 In Wis. 5:17, κτίσις refers to various aspects of nature which God uses as an instrument of his wrath. Verses 21-23 refer to lightning, hailstones, the sea, rivers, winds, and storms as examples. Similarly, Wis. 16:24 says God uses nature (v. 22: fire, hail, rain) to punish the unrighteous.

15 In Sir. 43:25, κτίσις is limited to sea creatures (κητῶν). Jdt 16:14 refers either to nature (mountains, rocks are mentioned) or nature plus humans.

16 Godet, 102; Zahn, 400; H. A. W. Meyer, Critical and Exegetical Handbook to the Epistle to the Romans, trans. John C. Moore, and Edwin Johnson, (Edinburgh: T. & T. Clark, 1874), 2:374. In each case, the context clarifies the meaning of the phrase. 1 En. 18:1 says God “ordered all creation and the foundation of the earth.” Enoch then takes a tour of the secrets of the universe and sees how God supports the earth and organized the operation of the winds, clouds, sun, and stars. This suggests that πάσας τὰς κτίσεις refers to various aspects of nature, rather than all created things. In Wis. 19:6, “the whole creation” is distinguished from the humans that God rescued in the Exodus (“your children”). The dramatic miracles that God performed were like a recreation or refashioning of the natural world. Tob. 8:15 says, “let your saints bless you, and all your creatures, all your angels and your elect ones.” Regardless of whether this is a list, a chiasm or poetic parallelism, “all your creatures” (πάσαι αἱ κτίσεις σου) is not a comprehensive reference to the totality of created things, since various parts of created order are distinguished from “all your creatures.” The context of Jdt 16:14 refers various aspects of nature such as mountains, rocks (15a), along with humans (15b-17). Of course, in some places, the expression πάσαι αἱ κτίσεις σου πάσα κτίσις can also be a comprehensive reference to every created thing (Jdt 9:12; 3 Macc. 2:2; 6:2). Translations of Swete’s LXX are from Rick Brannan, Ken M. Penner, Israel Loken, Michael Aubrey, and Isaiah Hoogendyk, eds. The Lexham English Septuagint. Bellingham, WA: Lexham Press, 2012.

17 Cry of pain and sorrow due to sin: Gen. 4:11; Isa. 24:4; 7; Jer. 4:28; 12:4. Joy: Ps. 65:12f; 98:4, 7-9; Isa. 14:7-8; 1 Enoch 7:6; 9:2; 87:1; 88:2; 4 Ezra 6:14-16; 7:55-56; 8:2-3; 10:9; 11:46; 12:43; Apoc. Mos. 29:14; fear in God’s presence: Ps. 77:16; 97:4-5; 114:3-8; fear about eschatological disasters: 1 Enoch 1:6; 4 Ezra 6:14-16; joy when the righteous are in the messianic kingdom: Isa. 55:12; consciousness, intellectual understanding: Isa. 1:2; cf. Lk. 19:40 (stones cry out Jesus’ identity); hope of eschatological deliverance: 4 Ezra 11:46; obedience to God: 1 Enoch 5:2-3; 75:2; 101:6-7; 2 Bar. 21:4; 48:8-10, 46. For an extensive discussion of various Jewish apocalyptic passages, see Hahne, Corruption, 165-168.

18 The suffering of nature because of sin: Gen. 3:17; Isa. 24:4-7; 33:9; Jer. 4:4, 11, 26-28; the eschatological
figurative in Rom. 8:19-22, the message regarding the suffering of the natural world due to human sin should not be demythologized or anthropologized. The present suffering of creation is very real, and God will bring this suffering to an end when Christ returns.19

The Corruption of Creation

The Cosmic Consequences of the Fall

Due to the Fall of humanity, the natural world is not in the state that God originally created it. The background for Rom. 8:19-22 is Gen. 3:17-19, which describes the curse on the ground due to the original human sin.20 In Rom. 5:12-19, Paul explains that Adam’s Fall brought sin and death to humanity. Here in Rom. 8:20-22 Paul extends the impact of the Fall to the rest of creation. Nature is now enslaved to corruption (φθορά) and futility (ματαιότης) due to Adam’s sin. In a judicial pronouncement, God cursed the ground as part of the judgment for the Fall (Gen. 3:17-18).21

The impact that Adam’s sin had on nature is connected with the dominion that God gave humanity over the natural world (Gen. 1:26-28). Since Adam was accountable to God to rule over the animals and to tend the garden, his sin affected the natural world for which he was responsible to care.22 As a result, the natural world became frustrated in its purposes and no longer can be all that it was created to be. This suggests a solidarity between humanity and nature, so that human sin affects the rest of creation. Similarly, the natural world looks forward to the “freedom of the glory of the children of God” (v. 21), because when humanity is restored to its proper obedience to God, the rest of creation will benefit.

The Present Futility of the Natural World

As a result of the Fall of humanity, creation was subjected to futility (v. 20). BDAG says ματαιότης means “emptiness, futility, purposelessness, transitoriness” and in Rom. 8:20 “frustration.”23 It has the sense of being “without result,” “ineffective,” or “not reaching its

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21 Only God could subject creation with a hope for its future redemption (v. 20, ἐφ’ ἐλπίδι). Neither Adam, nor humanity nor evil spirits have this ability (Franz J. Leenhardt, The Epistle to the Romans, trans. Harold Knight (London: Lutterworth Press, 1961), 226-31; Murray, 303; Francis, 152; Edmund Hill, “The Construction of Three Passages From St. Paul,” CBQ 23 (1961): 297). The term ἡπτάσσω suggests an authoritative action, which is not suitable for Satan, Adam or humanity (Cranfield, Romans, 413).


23 BDAG, “ματαιότης”
end.”24 The underlying idea is “the ineffectiveness of that which does not attain its goal”25 (cf. the cognate adverb μάτην, “in vain”). Thus Paul indicates that creation is not able to fulfill the purpose for which it was made.26

This futility refers to the change that the natural order experienced as a result of the Fall.27 The ground was cursed and now brings forth weeds more easily than food crops and it produces crops only as a result of hard and painful labor (Gen. 3:17-19). As Cranfield observes, “the subhuman creation has been subjected to the frustration of not being able properly to fulfill the purpose of its existence, God having appointed that without man it should not be made perfect.”28

The Enslavement of Creation to Corruption

Creation is also enslaved to corruption (φθορά, v. 21). Φθορά deepens the sense in which the present state of creation is futile.29 This word has two major meanings: (1) death, decay and destruction (Gal. 6:8; 2 Pet. 2:12); and (2) moral corruption and evil (1 Pet. 1:4; 2:19). There is also a third derivative sense of “that which is perishable” or “corruptibility,” in the sense of being subject to death (1 Cor. 15:42, 50).30

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27 Cranfield, *Romans*, 413. By contrast, Charles Homer Giblin, *In Hope of God’s Glory. Pauline Theological Perspectives* (New York: Herder and Herder, 1970), 394-5), argues that Paul does not mean that the physical world was actually different prior to the Fall. He says that the apocalyptic perspective is fundamentally theological, not phenomenological or physical. Paul refers to a certain frustration of the powers of God in creation without presupposing an actual deterioration of creation after the Fall. R. H Allaway, “Fall or Fall-Short?,” *ExpTim* 97, no. 4 (1986): 109-10, similarly argues that the world was not created in a state of glory that was lost, but it was always an imperfect world that had hope of eventual glorification (Rom. 8:20-21). However, this view does not do justice to Paul’s strong language about the present state of creation and it implies that Paul does not accept the reality of the curse on the ground in Gen. 3:16-17. Further, the aorist ἐπετάγη suggests that the subjection to futility was a change that took place at some time in the past.


29 By contrast, Dunn, *Romans*, 470, says is φθορά “nearly equivalent” to ματαιότης.

30 Günther Harder, “Φθείρω,” *TDNT* 9:102-4. Even when φθορά is used in the sense of death, in the NT a moral connotation underlies it (e.g. Gal. 6:8, sowing sin results in destruction; 2 Pet. 2:12, evil creatures will be destroyed). Even the sense of the perishability of the body in 1 Cor. 15:42, 50 has the connotation of being unsuitable for heavenly dwelling, because the earthly body has “dishonor” and “weakness” (v. 43), and lacks heavenly “glory” (vv. 40-41, 43).
In Rom. 8:21, φθορά primarily refers to death and decay and perhaps by implication to the transitoriness of life. Douglas Moo rightly that it refers to “the inevitable disintegration to which all things since the Fall are subject.” This is supported by the fact that in Paul’s writings the noun φθορά is never used in the sense of moral corruption. Thus “enslaved to corruption” is close to the sense of “perishability” as used in 1 Cor. 15:42, 50, where φθορά refers to the perishability of earthly human bodies. Creation is in bondage (δουλεία) to this state of corruption and has no power to free itself from the cycle of death and decay.

Paul probably has in mind the punishment of death described in Gen. 3:19, which fits the other allusions to Genesis 3 in the context. Although Genesis may limit the punishment of death to humanity, Paul extends it to all of creation in Rom. 8:21. The Fall of Adam had cosmic consequences.

In the LXX, the noun φθορά and the cognate verb φθείρω are used in a similar sense in Isa. 24:3-4. Isaiah says that the earth will be completely corrupted (φθαρήσεται) due to the sins of the people (v. 5). It is also significant that v. 4 says “the earth mourns” (ἐπένθησεν ἡ γῆ) due to the corruption (or devastation) of the earth. The sense of “mourning” in Isa. 24:4 is similar to the concept that “creation groans” (συστενάζει) in Rom. 8:22, although a different word for mourning is used in Isa. 24:4 in the LXX (πενθέω). However, v. 7 uses στενάζω, which

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32 Cranfield, *Romans*, 414; Rust, 234.

33 Moo, “Nature,” 461.

34 However, the cognate verb φθείρω sometimes means “corrupt morally” (1 Cor. 15:33; Eph 4:22), “deceive” (2 Cor. 11:3) or “cheat” (2 Cor. 7:2). The consistent use of the noun in a non-moral sense in Paul’s writings supports the interpretation of φθορά as death and decay rather than moral evil. This is reinforced by the fact that in this verse κτίσις refers to the non-human material world, which is not capable of moral evil.


36 Moo, “Nature,” 461, rightly affirms that “human sin led to some kind of change in the nature of the cosmos itself” and all things are subject to decay since the Fall. But he equivocates when he says, “This does not necessarily mean, however, that physical death itself was first introduced into the created world at the Fall” (461, n. 41). Although this suggestion is appealing in many ways, Paul’s language challenges the idea that death and decay were part of the cycle of nature from the beginning. Paul says that a new state of affairs was introduced when “creation was subjected to futility (v. 20). Further, the future glorified creation “will be set free from its slavery to corruption (v. 21). If nature without a cycle of death is difficult to imagine prior to the Fall, a new creation without death is equally problematic. Since many biblical passages say that nature will undergo major changes in the eschaton (e.g. Isa. 11:6-8; 25:8; 65:17-25; Rev. 21:1; 22:1-3; etc.), our concept of the pre-Fall creation or the new creation should not be restricted to the patterns of nature as they now are. Paul’s point in this passage is that what we now see in nature is not what God originally created nor is it how it will be at time of “the revealing of the sons of God” (v. 19).
comes from the same root as the word Paul uses in Rom. 8:22 (συστενάζω). Isaiah says that he
new wine groans in sorrow because of its inability to produce a fruitful harvest due to human sin. Another similarity is that God causes these changes to the earth as a judgment for human sin (vv. 1, 6).37 Both Isaiah 24 and Romans 8 describe the changes that human sin brings to the natural world as a result of God’s judgment. The main difference is that Rom. 8:20-21 refers to the results of the divine judgment after the Fall, whereas Isa. 24:1-6 refers to the results of divine judgments for human sin at other times in history.

The Redemption of Creation

Despite its present state of futility and corruption, creation is not without hope. One day the natural world will be set free (ἐλευθερώθησεται) from its slavery to corruption (v. 21). Creation eagerly awaits “the revealing of the sons of God” (v. 19), because at that time the natural world will be set free from corruption and will be transformed to share in “the freedom of the glory of the children of God” (v. 21). The revelation of the sons of God refers to the appearing of Christians with Jesus at his second coming (cf. Col. 3:4; 1 John 3:2).38 Nature will be set free from slavery to the cycle of death at the time when the material bodies of believers are resurrected, which Paul calls “the redemption of our body” (v. 23). Just as the natural world groans (συστενάζει) while it awaits the day of its deliverance from the cycle of death and decay (v. 22), so believers groan (στενάζομεν) while they await their resurrected physical bodies, which will never die (v. 23).

In verse 21, the eschatological freedom (ἐλευθερώθησεται, ἐλευθερίαν) of creation is sharply contrasted with its present slavery (δουλείας). This freedom will include both a negative and a positive dimension. Negatively, creation will be set free from slavery to corruption. The ongoing cycle of death and decay that characterizes the created world in this age will end. Positively, creation will experience the “freedom of the glory of the children of God” (εἰς τὴν ἐλευθερίαν τῆς δόξης τῶν τέκνων τοῦ θεοῦ). In some sense, then, the natural world will share in the glory of redeemed humanity.

The freedom and glorification of the subhuman material world, however, will not be the same as that of redeemed people, but will be appropriate to its non-rational nature.39 Nature will become all that God intended it to be and will bring glory to God. Cranfield correctly says that creation will have “the freedom fully and perfectly to fulfil its Creator’s purpose for it, that freedom which it does not have, so long as man, its lord (Gen. 1.26; Ps. 8:6) is in disgrace.”40

37 Sylvia C. Keesmaat, Paul and His Story. (Re)Interpreting the Exodus Tradition, JSNTSup, no. 181 (Sheffield: Sheffield Academic Press, 1999), 102-114, shows that in Romans 8:19-25 has connections to Exodus traditions, which are the background for Isaiah 24-27 and other prophetic passages.


39 Cf. Murray, 304.

40 Cranfield, Romans, 416.
The work of Christ in redemption finishes the work of God in creation, by bringing the natural world to its intended state so it may fulfill the purposes for which it was created.\(^{41}\) Christ’s redemption does not merely affect humanity, but it has cosmic consequences that affect the whole creation.

**The Personification of the Present Suffering of Creation**

This passage vividly personifies the impact of human sin on the natural world. Creation is groaning and it is suffering the pains of childbirth (v. 22). The συν- compound verbs (συστενάζω and συνωδίνω) and the reference to all creation (πᾶσα η κτίσις) stress that the entire material world suffers along with humanity due to the Fall.\(^{42}\) The birth pangs metaphor, however, does more than highlight the suffering of nature—it also reinforces the theme of hope (vv. 20b-21). The present suffering of creation is like birth pangs bringing in a glorious new world. The suffering carries with it the hope of the future glory of creation.

**The Groaning of Creation**

All of creation is “groaning together” (συστενάζει) throughout the ages. Paul personifies the natural world and says that it suffers and groans due to human sin.\(^{48}\) This anthropopathism stresses the damage that human sin does to the natural world. Creation has been seriously damaged and it was set off course from its original created purpose.

Although συστενάζω is only used here in the NT, the cognate verb στενάζω occurs 6 times in the NT and 17 times in the LXX. The basic meaning of στενάζω is “to sigh,” “to groan”

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\(^{42}\)The συν- compound verbs (συστενάζω and συνωδίνω) have been understood in two major ways: (1) The subhuman creation groans with believers, in light of v. 23, which describes the believers groaning for the redemption of their bodies (Frederich August Gottreu Tholuck, *Exposition of St. Paul’s Epistle to the Romans*, trans. Robert Menzies (Philadelphia: Sorin and Ball, 1844), 263; Fitzmyer, *Romans*, 33:509; John Calvin, *Commentaries on the Epistle of Paul the Apostle to the Romans*, trans. John Owen (Grand Rapids, Mi.: Eerdmans, 1959), 302-3). However, v. 23 seems to contrast believers with the creation as referred to in v. 22 (“not only this but we also,” οὐ μόνον δὲ, ἀλλὰ καὶ αὐτοί) . (2) The majority of scholars believe that the συν- compounds indicate that creation in its entirety suffers “together” or “in one accord” (e.g. Dunn, *Romans*, 38A:472; Cranfield, *Romans*, 417; Moo, *Romans 1-8*, 555; J. Schneider, “Στενάζω,” 7.601, n. 5; Boylan, 145; Murray, 305; James Denney, “St. Paul’s Epistle to the Romans,” in *The Expositor’s Greek Testament*, ed. W. Robertson Nicoll, The Expositor’s Greek Testament, no. 2 (Grand Rapids, Mi.: Eerdmans, 1970), 650; Käsemann, *Romans*, 236). This is supported by the subject “all creation” (πᾶσα η κτίσις). The συν- compound verbs point to the solidarity of creation in its suffering due to human sin and reinforce the universal impact of the Fall.

\(^{48}\)There are three dimensions to the groaning: (1) All creation groans as it longs for deliverance from slavery to corruption (v. 22). (2) Believers groan as they await the redemption of their bodies (v. 23; cf. 2 Cor. 5:2, 4). (3) The Spirit groans in intercession for believers (v. 26). This structural device stresses the solidarity between believers and the rest of creation. Both groan for complete deliverance from the corruption of the physical world. The Spirit supports the longing of believers as they express in prayer their desire for deliverance.
or “to wail.” It expresses a deep distress of spirit in response to an undesirable circumstance. Creation groans due to its subjection to futility and corruption, which resulted from the divine curse in response to the Fall (vv. 20-21).

The biblical usage of στενάζω often has the positive expectation of an imminent resolution of the cause of distress. Creation eagerly awaits the day when the sons of God will be revealed and creation will be delivered from its bondage (vv. 19, 21). The groaning is not futile, but it is associated with the eager expectation of a glorious future (v. 19), in light of the fact that God gives creation the hope of its future deliverance (v. 20). This positive expectation is also suggested by the birth pangs metaphor (v. 22), since birth pangs imply an imminent joy after the travail is complete (cf. John 16:21). The verb “groans” (συστενάζει) is naturally associated with the verb “suffers the pains of childbirth” (συνωδίνει) in a hendiadys which suggests the cries of a woman in labor. Thus the groaning has a two-way focus: It expresses the cry of creation for release from its present corruption. It also looks forward to the deliverance of creation as a positive hope. This transforms the significance of the groaning so that it does not indicate despair.

As has been noted, Isa. 24:4-7 expresses a similar concept about the groaning of the natural order due to human sin. The earth mourns (πενθέω, LXX) due to human sin (vv. 4, 7), which “pollutes” the earth (vv. 4-5) and nature groans due to the devastation of sin (v. 7). The new wine groans in sorrow (στενάξοσιν) due to its inability to produce a fruitful harvest. “Groan” in the Isa. 24:7 in the LXX is στενάζω, which is the root for the compound verb συστενάζω used in Rom. 8:22.

The Birth Pangs of Creation

Paul also says that creation suffers the pains of childbirth (συνωδίνει). Although this compound form with συν- is unique in the NT, the root verb ωδίνω (Gal. 4:19, 27; Rev. 12:2) and the cognate noun ωδίν (Mt. 24:8; Mk. 13:8; Acts 2:24; 1 Th. 5:3) are used several times in the NT.

The metaphor of birth pangs points to intense and prolonged pain that leads to a joyous and positive outcome. It is a two-sided metaphor that combines both pain and a positive future
outcome. These two dimensions each have several aspects that are emphasized in various
degrees depending on the context: The pain side can refer to (1) an intense pain, struggle and
suffering; and (2) suffering that continues for an extended period. The positive outcome side can
stress: (1) future joy, often sharply contrasted to the sorrow and pain; and (2) the development of
a new life or a new state of affairs that is better and more glorious than the present.

The following table shows that in the NT, depending on the context, the birth pangs
metaphor can stress either or both aspects of this two-sided metaphor:

Table 1: Birth Pangs in the New Testament

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<tr>
<th>Passage:</th>
<th>Pain:</th>
<th>Positive Outcome:</th>
<th>Literal Birth:</th>
<th>Summary:</th>
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<td>Intense Pain:</td>
<td>Extended Pain:</td>
<td>Future Joy:</td>
<td>New, Better Future State:</td>
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<tr>
<td>Mt. 24:8</td>
<td>X</td>
<td>repeated pains [54]</td>
<td>(Secondary)</td>
<td>Cosmic disasters as signs of the second coming of Christ.</td>
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<tr>
<td>Mk. 13:8</td>
<td>X</td>
<td>repeated pains</td>
<td>(Secondary)</td>
<td>Cosmic disasters as signs of the second coming of Christ.</td>
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<td>1 Thess 5:3</td>
<td>Sudden pain</td>
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<td>Sudden coming of the day of the Lord and destruction of the wicked.</td>
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<td>John 16:21</td>
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<td>Gal. 4:27</td>
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<td>Heb. 6:7</td>
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\[54\]Gempf, 133, notes that in Mark 13:8 and Matt 24:8 the plural is used to indicate that the pain is “a repeating phenomenon, coming in waves over and over again. . . . Periods of wars and rumors of wars may come and go like birth pangs.”
Tικτω is included in this table because it semantically overlaps with ὀδίνω. In most cases (13 times) this word is used literally to mean “give birth” or “be born.” However, when τικτω is used metaphorically, its function is very similar to ὀδίνω. In Gal. 4:27 (a quotation of Isa. 54:1), τικτω is in poetic parallelism to ὀδίνω, showing the close similarity of the two words.

In Rom. 8:22, the birth pangs metaphor shows that the groaning and suffering of creation will not be in vain. From one vantage point, the creation suffers as a consequence of the divine curse due to the Fall. Yet this subjection of creation was not in vain or without hope (v. 20). The birth pangs metaphor interprets the pain and groaning of creation as a hopeful sign that glorious changes are soon coming to the world. Birth pangs are a productive pain that result in new life.56

The birth pangs metaphor, however, does not necessarily imply that a new earth will be created from scratch.57 Rom. 8:19-22 points to the transformation of the present material creation, which “eagerly awaits” (v. 19) and “hopes” for (v. 20) the time when it will be “set free” from it present “enslavement to corruption” (v. 21). The birth pangs metaphor is flexible enough to include a positive future outcome without necessarily implying the creation of something new (e.g. Gal. 4:19).

In his study of birth pangs metaphors in the Bible, Conrad Gempf argues that the birth pangs metaphor only refers to intense pain and does not allude to the rebirth or transformation of the world. The metaphor often refers to helpless pain, frustration and futility. He believes that even though Rom. 8:19-22 as a whole speaks of hope, the birth pangs metaphor itself only describes the present pain of the world.58

Gempf correctly demonstrates that birth pangs often focus on great pain, particularly in

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55 In Jam. 1:15, the future state is negative, which is in keeping with the nature of the source of the birth.

56 Cf. Gore, 306; Loane, 87; Murray, 305.

57 Contra G. Bertram, “Ωδιν,” 9.673. See Gale Z. Heide, “What Is New About the New Heavens and New Earth? A Theology of Creation From Revelation 21 and 2 Peter 3,” JETS 40, no. 1 (March 1997): 46-55, for evidence that even 2 Pet. 3:10-13 does not require a new creation ex nihilo. Similarly, Moo, “Nature”, 462-469, discusses the tension between the transformation of the material creation in Rom. 8:19-21 and the depiction of a new heavens and earth in 2 Peter 3 and Revelation 21. He argues that nature “is destined not simply for destruction, but for transformation” (p. 461). These passages speak of “a radical and thoroughgoing renovation of the world as we know it” (p. 469). Fire is a common biblical symbol of judgment, but it does not necessarily imply the destruction and recreation of the world any more than the judgment of the Flood resulted in the annihilation of the earth itself (pp. 465-468). There will be “a radical change” in the nature of the world (p. 468), but there will be “a significant continuity between this world and the next” (p. 469).

the LXX, where the outcome of the pain is frequently not in view.\(^59\) He overstates his case, however, since the birth pangs metaphor inherently has nuances of expectation and orientation to the future.\(^60\) Birth pangs passages in the LXX can focus on any phase of the process or outcome of birth.\(^61\) In many passages that Gempf cites, the outcome of the pain is in fact of major interest.\(^62\) Furthermore, as the table shows, in the NT the verb ὀδίνω and the noun ὀδίν is usually concerned with the outcome of the pain, with two exceptions that focus on the pain itself (Acts 2:24; 1 Thess 5:3). Τίκτω also always focuses on the outcome of the pain when it is used metaphorically. In each case the context determines which aspect of this two-sided metaphor is emphasized. The context of Rom. 8:22 focuses on eschatological hope (vv. 20, 24-25), which suggests that the birth pangs metaphor also points to the future glory of creation. In vv. 17-18 the suffering-glory theme is applied to believers, whereas in vv. 19 and 21 the focus is on the future glorious state of nature and its deliverance from bondage to corruption. Verse 19 also has the theme of waiting for an extended period for a positive future outcome.

The birth pangs metaphor ties together these images of extended suffering and final glory. The birth pangs metaphor is ideally suited for this purpose since it naturally combines both aspects. It also implies that although the present suffering of creation is intense and prolonged, it will not continue forever. This too reinforces the theme of hope.

Tsumura argues that the reference to birth pangs echoes Gen. 3:16, in which pain in childbearing is part of the punishment for the Fall.\(^63\) There is a verbal parallel to Gen. 3:17, where the word “groaning” in the LXX uses a word from same root (στεναγμόν) as Rom. 8:22 (συστενάζει). Keesmaat argues that Paul uses the language of the curse to show that creation suffers the anguish of the Fall.\(^64\) This strengthens the link between Rom. 8:19-22 and Genesis 3, since both the curse on the ground (Gen. 3:17-19) and the pain of childbearing (Gen. 3:16) are in view. Although the LXX uses λύπη rather than ὀδίν for the pains of childbirth, Paul may have used this metaphor for the pains of the earth because Genesis 3 was on his mind. Nevertheless, the birth pangs in Rom. 8:22 are clearly metaphorical rather than the literal pains of childbirth.

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\(^{59}\) Gempf argues for several uses of the metaphor in the Bible: (1) intense pain (Jer. 4:21; 30:4-7; 1 Enoch 62:4-6; Mk. 13); (2) helpless pain (Isa. 13:4-8; Jer. 48:41; Ps. 48:4; Isa. 42:13-14; cf. 1QH 5) (124-126); (3) productive pain (John 16:21; Isa. 66:6-9; Mic. 4:10; 5:3-4; cf. 1QH 3; bSanh. 97-98); (3a) frustration of an unproductive birth process (Isa. 26:17-18; Hos. 13:13); (3b) the birth rather than the process (Rev. 12:1-6; Gal. 4:19); (4) pain that must run its course, related to helplessness (Mic. 4:9-10; 5:3; Mk. 13:8; Mt. 24).

\(^{60}\) Cf. Heil, 87.


\(^{62}\) See Gempf’s “productive pain” category (Isa. 66:6-9; Mi 4:10; 5:3-4; John 16:21; Rev. 12:1-6; Gal. 4:19; cf. 1QH 3; bSanh. 97-98).


\(^{64}\) Ibid. Keesmaat also sees a similarity to the Exodus accounts of Israel’s groaning in bondage (Ex. 2:23-24; 6:5; cf. Jer. 38:19).
that are part of the curse due to the Fall in Gen. 3:16.

The Eschatological Birth Pangs of the Messiah

Birth pangs are often used as an eschatological symbol in the Bible and non-canonical early Jewish literature. In the OT, eschatological suffering is often compared to the pains of childbirth (Isa. 13:8; 21:3; 26:17-18; 66:7-8; Jer. 4:31; 22:23; Hos. 13:13; Mic. 4:9-10). In the NT, Mark 13 and Matthew 24 refer to such cosmic disasters as earthquakes and famines that will precede Christ’s second coming as “birth pangs” (Mark 13:8; Matt. 24:8; cf. 1 Thess 5:3). Some Jewish writings refer to the “birth pangs of the Messiah” – a period of cosmic disasters and suffering at the end of the age that will serve as a prelude to the coming of the Messiah.65

Many scholars believe that Paul’s concept of cosmic suffering in Rom. 8:20-22 is similar to the “birth pangs of the Messiah” (BPM) concept found in the OT and Jewish literature.66 Both Rom. 8:20-22 and the BPM passages refer to eschatological cosmic disasters that precede the coming of the glorious new age. In many BPM passages the cosmic disasters are a consequence of an increase in human sin.

The differences, however, are significant enough that Rom. 8:20-22 cannot be used as an example of BPM: (1) In the BPM passages, the intense cosmic tribulation occurs over a short period of time just prior to the coming of the Messiah. By contrast, in Rom. 8:20-22 the creation suffers throughout the age from the Fall to the end times.67 The phrase ἀγωγή τοῦ νῦν (v. 22) indicates that the suffering and groaning of creation has been existence for a long time – in fact, continuously since the Fall.68 The only other NT usage of the phrase is in Phil. 1:5, where it

65The concept is found in Qumran and Jewish apocalyptic; e.g. 1QH 3:7-18; 1 Enoch 62:4; cf. the Christian addition to 4 Ezra in 16:37-39. However, it is more fully developed in rabbinic literature; e.g. Tg. Ps. 18:4; Tg. 2 Sam. 22:5; Midr. Ps. 18:4; bKet. 111a; bSanh. 99b; 118a. Hermann Strack and Paul Billerbeck, Kommentar zum Neuen Testament aus Talmud und Midrasch (München: C. H. Beck, 1922-1928), 1:950, 4:564, 1042, 1067).


68Cranfield, Romans, 417. The expression refers to the “uninterrupted nature of the process” (G. Stählin, “Nūv,” 4.1007). By contrast, Käsemann see an eschatological meaning in νῦν: it refers to “the eschatological moment which precedes the parousia,” when the suffering of creation will end (Käsemann, Romans, 236; cf. C. K. Barrett, The
means “right up to the present time.” This expression shows that the suffering of creation in Rom. 8:19-22 is not an eschatological increase in trials just prior to the end of the age, unlike Mt. 24:6-8, 29 and other BPM passages. Rather, the suffering is a characteristic of this age and will continue until the children of God are glorified (v. 21). (2) In most of the OT and rabbinic BPM passages, the focus is on the suffering of humans rather than the natural world. Jewish apocalyptic literature goes further in looking at the eschatological sufferings of nature, but the emphasis is still on how this leads to human suffering. (3) In later Jewish passages, the tribulations are part of a process of ushering in the Messianic age, a concept that is less clear in Romans 8 and not at all developed in the OT. Thus, although Paul’s idea of the groaning and birth pangs of nature is not exactly the same as BPM, it is a closely related concept of cosmic travail.

**Conclusion**

In the NT, the metaphor of birth pangs is a two-sided metaphor indicating an intense, prolonged pain that leads to a positive and joyful outcome. In most birth pangs passages, both aspects are in view to some degree, although one aspect may be emphasized more than the other in a particular context.

The birth pangs metaphor ties together both major themes of Rom. 8:19-22: (1) the present suffering of the natural world due to the human Fall; and (2) the eschatological hope for the transformation of the natural world. The groaning and suffering of creation are not in vain. Although the present suffering of creation is due to the Fall, it is also a hopeful sign that glorious changes will come to the world when redeemed humanity is glorified.

In contrast to the concept of the “birth pangs of the Messiah” in the OT and non-canonical Jewish literature, the birth pangs in Romans 8 are not eschatological cosmic disasters just prior to the coming of the Messiah. Rather they refer to the corruption of nature that has been present since the Fall. Yet to the eyes of faith, this suffering of nature points in hope to the eschatological work of God that will bring about the redemption and glorious transformation of the created order.

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*Epistle to the Romans* (New York: Harper and Row, 1957), 166; Balz, 59:52; Dunn, *Romans*, 38A:473. It is true that the eschatological context in Romans 8 suggests an eschatological nuance to this word. There is an undertone that the promised redemption of creation is imminent. However, the new world order has not yet arrived, so this eschatological dimension must not be overplayed. Believers (v. 23), along with all creation (v. 22), are still experiencing suffering and are looking forward to the cosmic transformation. The phrase χρι του νυν stresses that the long anticipated transformation of creation has not yet come, even though there is a basis for hoping that it will come soon. It is the “not yet” aspect of the present rather than the fulfillment that is in view both here and in v. 18.  


70 E.g. R. Eliezer (c. A.D. 90) says the goal is preservation through the sorrows and afflictions of the last time. Loane, 88; Bertram, “Ωδιν,” TDNT 9:672.